



Baltic Beach Hotel & SPA



SEA WELLNESS & SPORT MENU

Baltic Beach Hotel & SPA keeps the right to change price and content of the offer.
Please specify the price before the reservation.

Baltic Beach Hotel & SPA
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www.balticbeach.lv

LUXURY SPORT CLUB

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ONE TIME VISIT

One person

Sea Wellness center visit	I-V 120 min	29 €
Sea Wellness center visit	VI-VII 120 min	39 €
Sea Wellness center visit for kids	I-V 120 min	15 €
Sea Wellness center visit for kids	VI-VII 120 min	20 €
Sea Wellness center visit for seniors 11:00 - 15:00 (to leave the center)	I-V 120 min	24 €
Gym visit	I-VII 120 min	15 €
Sea Wellness center (90 min) and gym (120 min) visit	I-V	35 €
Sea Wellness center (90 min) and gym (120 min) visit	VI-VII	45 €
Group training in fitness hall	I-VII 60 min	20 €
Group training in Sea Wellness center's swimming pool	I-VII 60 min	30 €

FAMILY VISIT

2 adults + 1 child

Sea Wellness center family visit	I-V 120 min	60 €
Sea Wellness center family visit	VI-VII 120 min	80 €

2 adults + 2 children

Sea Wellness center family visit	I-V 120 min	73 €
Sea Wellness center family visit	VI-VII 120 min	98 €

INDIVIDUAL TRAINING WITH A TRAINER

Individual training with a trainer (for club members)	I-VII 60 min	40 €
Individual training with a trainer (for clients who are not members of the club)	I-VII 60 min	60 €

FIT INDIVIDUAL x 10 with membership (2 months)	350 €
FIT INDIVIDUAL x 10 without membership (2 months)	550 €

1 MONTH MEMBERSHIP – SILVER

One person

ONLY GYM – 1 gym visit	I-VII 120 min	100 €
ONLY FIT – 1 group trainings in fitness hall	I-VII 60 min	160 €
ONLY AQUAFIT x 10 – 1 ten group trainings in Sea Wellness center's swimming pool	I-VII 60 min	220 €

ONLY POOL – 1 Sea Wellness center visit	I-V 120 min	150 €
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ONLY POOL – 1 Sea Wellness center visit	I-VII 120 min	200 €
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ONLY POOL SENIOR x 10 (from 11:00 till 15:00) ten Sea Wellness center visits for seniors	I-V 120 min	120 €
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ONLY POOL KIDS x 10 – 1 ten Sea Wellness center visits for kids	I-VII 120 min	100 €
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POOL & GYM – 1 Sea Wellness center and gym visit	I-V 180 min	190 €
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POOL & GYM – 1 Sea Wellness center and gym visit	I-VII 180 min	230 €
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FULL – 1 Sea Wellness center and gym visit + one group training in fitness hall	I-V 240 min	250 €
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FULL – 1 Sea Wellness center and gym visit + one group training in fitness hall	I-VII 240 min	300 €
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6 MONTH MEMBERSHIP – GOLD

ONLY GYM – 6 gym visit	I-VII 120 min	510 €
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ONLY FIT – 6 group trainings in fitness hall	I-VII 60 min	815 €
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ONLY POOL – 6 Sea Wellness center visit	I-V 120 min	765 €
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ONLY POOL – 6 Sea Wellness center visit	I-VII 120 min	1020 €
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POOL & GYM – 6 Sea Wellness center and gym visit	I-V 180 min	969 €
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POOL & GYM – 6 Sea Wellness center and gym visit	I-VII 180 min	1173 €
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FULL – 6 Sea Wellness center and gym visit + one group training in fitness hall	I-V 240 min	1275 €
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FULL – 6 Sea Wellness center and gym visit + one group training in fitness hall	I-VII 240 min	1530 €
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12 MONTH MEMBERSHIP – PLATINUM

ONLY GYM – 12 gym visit	I-VII 120 min	900 €
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ONLY FIT – 12 group trainings in fitness hall	I-VII 60 min	1450 €
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ONLY POOL – 12 Sea Wellness center visit	I-V 120 min	1350 €
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ONLY POOL – 12 Sea Wellness center visit	I-VII 120 min	1800 €
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POOL & GYM – 12 Sea Wellness center and gym visit	I-V 180 min	1710 €
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POOL & GYM – 12 Sea Wellness center and gym visit	I-VII 180 min	2070 €
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FULL – 12 Sea Wellness center and gym visit + one group training in fitness hall	I-V 240 min	2250 €
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FULL – 12 Sea Wellness center and gym visit + one group training in fitness hall	I-VII 240 min	2700 €
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